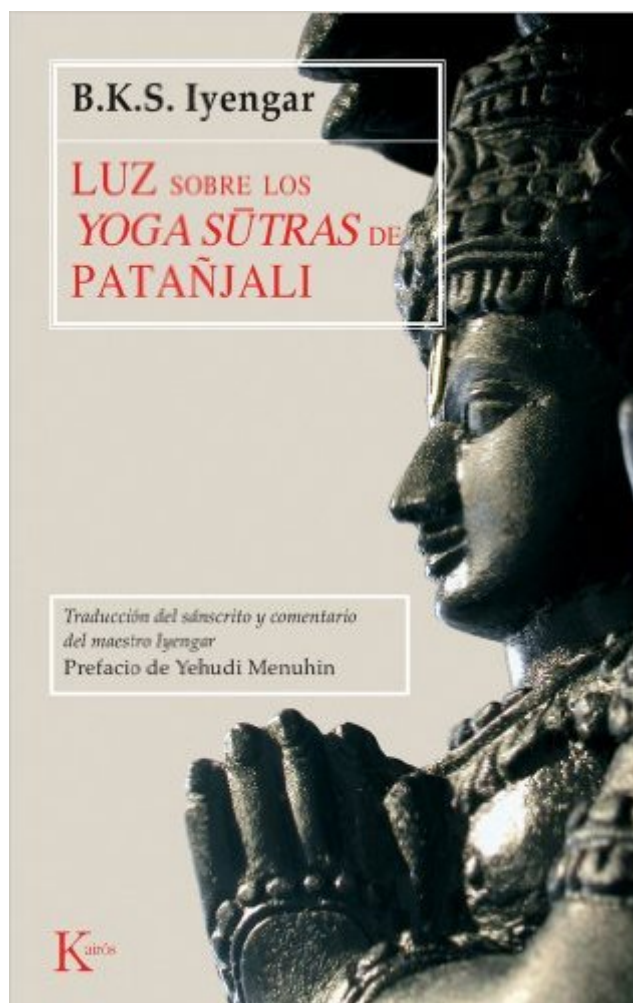


The book was found

Luz Sobre Los Yoga Sutras De Patanjali (Spanish Edition)



Synopsis

Written by Patanjali more than 2,000 years ago, this collection of sutras is the earliest and most revered holy reference on the practice of yoga, containing nearly 200 aphorisms filled with wisdom on the practice. In this expanded edition, renowned yoga instructor B. K. S. Iyengar translates the sutras from the original Sanskrit and provides his own insightful commentary for the modern reader. Readers learn how they can transform themselves through the practice of yoga, gradually developing their body, emotions, and mind to become spiritually evolved. Practitioners of yoga and all those interested in eastern philosophy have here an excellent resource. Escrita por Patanjali hace más de 2.000 años, esta colección de sutras es la más antigua y venerada referencia santa sobre la práctica del yoga, conteniendo casi 200 aforismos llenos de sabiduría sobre la práctica. En esta edición ampliada, el renombrado maestro de yoga B. K. S. Iyengar traduce los sutras del sánscrito original y provee su propio penetrante comentario para el lector moderno. El lector aprende cómo puede transformarse a través del yoga, gradualmente desarrollando su cuerpo, emociones y mente hasta cambiar espiritualmente. Los practicantes del yoga y aquellos interesados en la filosofía oriental tienen aquí un recurso excelente.

Book Information

Paperback: 496 pages

Publisher: Editorial Kairos (December 1, 2013)

Language: Spanish

ISBN-10: 8472455254

ISBN-13: 978-8472455252

Product Dimensions: 8.1 x 5.2 x 0.7 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,085,073 in Books (See Top 100 in Books) #94 in [Books > Libros en español](#) > [No-Ficción](#) > [Filosofía](#) > [Oriental](#) #102 in [Books > Libros en español](#) > [Salud, mente y cuerpo](#) > [Ejercicio y Suficiencia Física](#) #332 in [Books > Libros en español](#) > [Salud, mente y cuerpo](#) > [Salud Personal](#)

Customer Reviews

One of the most beautiful book

thanks!!!

Good

[Download to continue reading...](#)

Luz sobre los yoga sutras de Patanjali (Spanish Edition) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) Inside The Yoga Sutras: A Comprehensive Sourcebook for the Study and Practice of Patanjali's Yoga Sutras YOGA: The Essential Guide To Yoga For Beginners (Yogananda, Yoga Anatomy, Yoga Poses, Yoga Sutra, Yoga For Men, Yoga Journal) The Yoga Sutras of Patanjali: By Patanjali & Illustrated (Five Bonus works & an Audiobook FREE are included) Yoga For Beginners: An Easy Yoga Guide To Relieve Stress, Lose Weight, And Heal Your Body (yoga, yoga for beginners, yoga for weight loss, yoga guide, chakras, meditation) Los Yoga Sutras De Patanjali: Traduccion Y Comentarios Por Sri Swami Satchidananda (Spanish Edition) Historia Antigua De Los Egipcios, de Los Asirios, De Los Babilonios, De Los Medos Y De Los Persas, De Los Macedonios, De Los Griegos, De Los Cartagineses Y De Los Romanos... (Spanish Edition) Yoga Sutras of Patanjali: With Great Respect and Love Kriya Yoga Sutras of Patanjali and the Siddhas Demystifying Patanjali: The Yoga Sutras: The Wisdom of Paramhansa Yogananda as Presented by his Direct Disciple, Swami Kriyananda Enlightenment: The Yoga Sutras of Patanjali: a New Translation and Commentary The Yoga Sutras of Patanjali: Book of the Spiritual Man Demystifying Patanjali: The Yoga Sutras (Aphorisms): The Wisdom of Paramhansa Yogananda Presented by his direct disciple, Swami Kriyananda Yoga Sutras of Patanjali Historia Antigua de Los Egipcios, de Los Asirios, de Los Babilonios, de Los Medos y de Los Persas, de Los Macedonios, de Los Griegos, de Los Cartagine (Spanish Edition) Raja-Yoga & Patanjali Yoga-Sutra by Swami Vivekananda Yoga: Discipline of Freedom. The Yoga Sutra Attributed to Patanjali Lessing: Laocoonte (Laocoön o Sobre Los Límites de la Pintura y de la Poesía), y Cartas Sobre La Literatura Moderna y Sobre El Arte Antiguo, Colección ... Ediciones Ibéricas nº 148) (Spanish Edition) Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility)

[Dmca](#)